
MONKEY POX: WHAT YOU NEED TO KNOW



Monkey Pox is a rare disease caused by the monkeypox virus that belongs to the Orthopoxvirus genus.

There is a case in Seattle that is presently a presumptive case. From an individual with travel history.

Shares similarities to Coronavirus. One difference is Coronavirus is spread by airborne droplets, and the Monkey Pox is spread by large droplets or by exchange of bodily fluids.

Transmission occurs when a person comes into contact with the virus from animals, humans, or materials contaminated with the virus (ie. direct contact with body fluids or lesion material, or indirect contact with lesion material, such as contaminated bedding (not respiratory like Coronavirus).

The incubation period averages 7-14 days.

Symptoms include a new rash, headache, fever, chills, sweats, or new lymphadenopathy. Rash has four stages-macular, popular, and vesicular pustular before scabbing over and resolving. This process happens over 2-3 weeks.

Currently, there is no proven, safe treatment for monkeypox virus infection.
