

TALKING IS GOOD MEDICINE



*Talk to trusted elders, healers, friends, family,
clergy or health professionals*

**Adult
Mental Wellness**
360-716-4400
2821 Mission Hill Rd
Tulalip, WA 98271

**Youth and Family
Mental Wellness**
360-716-4224
4033 76th Place NW
Tulalip, WA 98271

Your story is sacred

*Call the Suicide Prevention Lifeline at 1-800-273-TALK (8255)
Call 911 if you or someone you know is in immediate danger*

